

What is Therapeutic Recreation?

Therapeutic Recreation Professionals work with individuals of all ages who are experiencing disability, illness, or other limitations, teaching the skills, knowledge, and behaviors to live the best life possible.



Therapeutic Recreation is a process that utilizes treatment, education, and recreation participation to enable persons with physical, cognitive, emotional and/or social limitations to acquire and/or maintain the skills, knowledge and behaviors that will allow them to enjoy their leisure optimally & function independently with the least amount of assistance and participate as fully as possible in society. Therapeutic Recreation intervention is provided by trained professionals in clinical and /or community settings (TRO, 2003)

“As an academic hospital, and, to ensure accountability to high quality service delivery and excellence, it is imperative for Therapeutic Recreation staff at Holland Bloorview to meet and maintain standards of professional practice through the provincial designations offered through TRO.”

-C.J Curran, Operations Manager, Participation and Inclusion
Holland Bloorview Kids Rehabilitation Hospital

R/TRO and R/TRO DIP: Promoting Professionalism and Quality Therapeutic Recreation Services

TRO...

- Therapeutic Recreation Ontario was established in 1999 to meet the needs of Therapeutic Recreation professionals in the province.

Our Vision...

- Therapeutic Recreation Ontario is the leader in uniting and advancing the Therapeutic Recreation profession in Ontario.

Our Mission...

- TRO is dedicated to guiding, supporting, educating and advocating to enable the Therapeutic Recreation practitioner to deliver quality professional services.

For more information about
Therapeutic Recreation Ontario
visit: www.trontario.org
or e-mail: info@trontario.org



THERAPEUTIC RECREATION ONTARIO 
Believe · Belong · Become

Why Hire Registered TRO Professionals?



A Provincial
Registration Designation for
Therapeutic Recreation
Professionals in Ontario

An Individual Registered with TRO...

- Is currently practicing, supervising, educating or on leave from the field of Therapeutic Recreation (for a maximum of three years) OR is a recent graduate from a Therapeutic Recreation/Recreation/Leisure Services program.
- Holds an accepted direct or allied degree (R/TRO) or diploma (R/TRO DIP).
- Has successfully achieved the R/TRO or R/TRO DIP designation through TRO's voluntary registration (application) process.
- The registration (R/TRO or R/TRO DIP) designation is currently a voluntary credential that demonstrates a level of excellence. R/TRO is the designation for degree prepared practitioners and R/TRO DIP is for diploma prepared practitioners.



Therapeutic Recreation Ontario initiated the Registration process in 2003. Since then nearly 400 Therapeutic Recreation Professionals have successfully achieved the registration designation. To meet the growing needs of members, TRO has established the R/TRO DIP designation for diploma graduates effective September 2015.

Therapeutic Recreation Process for Registration:

Members of Therapeutic Recreation Ontario have supported and sanctioned the development of a registration process for Therapeutic Recreation Professionals in Ontario.

The registration process differentiates members of TRO based on successfully meeting eligibility criteria based on:

- **Formal Education**

Applies to relevant course work at a recognized post-secondary institution at both diploma and degree levels.

- **Practical Experience**

Applies to a person holding a position that involves providing Therapeutic Recreation services.

- **Professional Affiliations**

The applicant must be a current member in good standing with Therapeutic Recreation Ontario.

- **Professional Contributions**

Applies to recognized activities that the applicant participates in, not only to continue one's own professional development, but also to actively support the development of TR as a profession.

Benefits to Employers

The employment of a registered TRO professional helps to ensure that the client is receiving Therapeutic Recreation services from a professional that has achieved a level of excellence established by the provincial leaders in uniting and advancing the Therapeutic Recreation profession in Ontario.

Registered TRO Professionals (R/TRO and R/TRO DIP):

- Meet minimum education criteria.
- Work within the TRO Standards of Practice and TRO Essential Competency Framework (ECF).
- Have extensive knowledge and skill-based training to enhance quality of care.
- Support an inter-professional approach to care.
- Have training and demonstrated abilities in core therapy skills including assessment, planning, implementation, documentation and evaluation.
- Have training in group-oriented processes to enhance cost effectiveness and efficiency in service delivery.
- Provide quality therapeutic interventions.
- Assess and manage risk management.
- Possess diversified skills.
- Participate in ongoing professional development.
- Mentor and supervise Therapeutic Recreation students.
- Must complete the TRO Registration Maintenance process every five years, demonstrating ongoing professional development and current best practice.