

TRO Education Day: “TR and Supporting Responsive Behaviours”
Villa Leonardo Gambin, 40 Friuli Court, Woodbridge, ON
Wednesday, March 27, 2019

****This workshop has been approved for up to 5 PCC points****

Time	Session	Description and Speaker(s)
7:45	REGISTRATION OPEN	
9:00	Welcome and Opening Remarks	Sonia Roul, Chairperson, TRO Education Day Monica Bretzlaff, Manager, Behavioural Supports Ontario (Provincial & North East)
9:15	“Dementia Village at Muskoka Shores”	The Muskoka Shores long-term care facility in Gravenhurst transformed their dementia unit into a village. This presentation will inform attendees about the dementia village concept and answer the questions of why, what, when, and how. Discussion will focus on the relevance of the physical environment to therapeutic recreation and programming, and the process of changing programs to accommodate the environment. Sharri Ecclestone, Director of Resident Programs, Muskoka Shores
9:45	“Sensory Stimulation”	This presentation will provide research based outcomes in relation to the benefits of creating sensory spaces and experiences for individuals who exhibit responsive behaviours. Techniques to modify specific sensory tools during implementation of a sensory program in order to meet individuals’ specific needs will be discussed. Recreation therapists’ experiences and the outcomes of individuals living with responsive behaviours who have engaged in Snoezelen Multi Sensory Environments and equipment will be explored. Marion Blum, Senior Snoezelen® Sales Consultant, Flaghouse
10:45	<i>BREAK</i>	
11:00	“About the Butterfly Model”	This presentation will provide participants with an overview of the elements of the Butterfly Model and why it is gaining so much recognition in Canada. Discussion will focus on the role of the Recreation Therapist and their involvement in creating quality in the lived experience of people living with dementia. Catarina Versaevel, National Director, Dementia Care Matters, Canada
12:00	LUNCH	Musical Interlude by Concerts in Care
1:00	After Lunch Energizer!	Tammy Hand, Owner, Heartbeats Club
1:15	“Integrating body-mind and creative modalities to support individuals with Dementia and responsive behaviours”	In the Toronto Central LHIN, Baycrest Health Sciences was appointed as BSO lead organization and has managed the planning, implementation and evaluation of a transition unit, outreach teams, in house lead model and an Education Consortium focused on capacity building.

		<p>Meaningful therapeutic activity is critical to supporting individuals impacted by responsive behaviours. While pharmacological approaches may be required in appropriate situations, the use of therapeutic recreation should be considered a primary intervention. This is often delivered through an interprofessional approach and led by Therapeutic Recreation leaders. This panel will provide examples of evidence-based programs that may be utilized across sectors as well as a case study illustrating the use of therapeutic tools to reduce responsive behaviours.</p> <p>Faith Malach, Executive Director – “Behaviour Support Strategy in the TC LHIN” Dr. Kelly Murphy, Psychologist – “Baycrest Art on the Brain Program” Melissa Tafler – Arts & Health Coordinator – “Discover Dance Initiative between Baycrest and Canada’s National Ballet School (NBS)” Linus Chui Fan Ip – Clinician Leader – “Case Study: The use of therapeutic activities-The Community Behaviour Support Outreach Team (CBSOT) Experience”</p>
2:45	<i>BREAK</i>	
3:00	“Beekeeping at Kensington Gardens”	<p>In July 2017, Kensington Gardens started a beekeeping project to support and sustain the local community and environment. The projects attracted a lot of attention and with the support of various parties, the beekeeping project became our residents’ community project that not only satisfies their basic recreation and leisure interests, but also provides opportunities that were not included in the project plan including reminiscing activity and community re-integration for our residents. This community project has proven that recreation therapy programs can have the potential to grow and expand at different phases. The presentation will include a brief overview of the beekeeping project, the program’s benefits for the residents and Kensington Gardens, the challenges and barriers that were overcome, as well as some of the unexpected goals that were achieved.</p> <p>Daisy Wong, Supervisor of Life Enrichment, Kensington Gardens</p>
3:30	“Person-centred Approaches in Dementia Care”	<p>Sunnybrook Health Sciences Recreation Therapy Department has a unique service delivery model that has moved away from the traditional definition of recreation therapy and instead focuses on the meaning of participation for those they serve. They have built their practice on a unique sustainable person-centred practice framework.</p> <p>Leanne Hughes, Recreation Therapist and Professional Lead Francine de Belchior, Recreation Therapist</p>
4:15	CLOSING REMARKS	