Join the HERD for an Equine Facilitated Learning (EFL) workshop designed for Recreation Therapists (RTs). Enhance your practice by acquiring professional development skills through experiential learning!

- create beneficial shifts with clients and co-workers by learning the impact of presence, non-verbal communication and connection
- acquire mindfulness techniques to use personally and to share with clients within work environments
- apply theory to practice by reflecting on your EFL workshop experience through the lens of Experiential Learning Theory, Attention Restoration Theory and the Leisure Ability Model

Please note: All activities are completed at ground level. Previous horse experience is not required to attend this workshop!

**Date:** Friday, October 16, 2020  
**Time:** 8:45 am - 4:30 pm  
**Cost for the day:** $290.00 + HST  
**lunch included**  
**NEW Ottawa region location:** Willaway Farm, 514 Ramsay Concession 12, Almonte, ON K0A 1A0  
**Registration/Inquiries:** Anna-Marie at amduffy@rogers.com or 519-670-6949