

T5 -Institutional, Community and Private Practice Service Delivery: Perspective from and Experienced Researcher/Practitioner/Manager

Session Description:

Mental health and addictions Recreation Therapy service delivery differs dramatically when implemented in institutions, community based organizations, and private practices. This presentation will begin by comparing and contrasting the benefits and drawbacks of institutional, community, and private service delivery. We will then use a case study to follow a client through a care pathway that starts in an institution, is referred to community services, then receives follow up care with a private practitioner. Gaps in service delivery will be identified and the audience will be engaged in a process to determine ways to strengthen relationships across the continuum of care in order to best serve our clients. Both urban and rural service delivery will be considered and discussed. The presentation will conclude with a discussion about the need for a unified approach to therapeutic recreation in order to continue to advance the profession in all service delivery settings. This presentation will be informed by the Leisure Ability Model (Stumbo & Petterson, 2009), The Well-Being Model (Caruthers & Hood, 2007), the Stages of Change Model (Prochaska & Diclemente, 1983), and Flow (Csikszentmihalyi, 1997). The models will contextualize the presentation and work from Gabor Mate, Adele Lafrance, and Jon Kabat Zinn will be used to deepen the discussion specific to mental health and addictions within TR service delivery. Group discussion will be grounded in research and given richness and depth from the diverse experience and background of the participants. Time will be given for self-reflection to ensure that participants leave the session with a clear sense of practical next steps for creating a unified approach to therapeutic recreation specific to their professional, academic, or volunteer background.

PCCs:

- Pre-approved for 1.5 professional contribution points
- [Purchase a PCC Transcript](#)

Presenter:

Benson Coulson, R/TRO, CTRS,
Be RT Recreation Therapy and
Counselling Services

Objectives:

1. Participants will be able to define, compare, and contrast 3 domains of service delivery (institutional, community, and private) by the end of the session.
2. Participants will be able to identify at least 2 gaps in mental health and addiction recreation therapy service delivery by the end of the session.
3. Participants will create at least one personal/professional action item to advance the profession of therapeutic recreation by strengthening relationships between the 3 domains of service delivery discussed by end of session.

Register:

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