

## **2021-2022 Webinar Series: Session Descriptions**

### **The Reformulated Health Protection & Health Promotion Model – September 16 @ 11:00 AM**

This session will define what conceptual models are and discuss how the recreation therapy profession develops theories from conceptual models. Once a theory is developed, how does that theory impact our practice? This question will be answered during the session. We will then review the reformulated Health Protection/Health Promotion Model and its application in the practice of recreation therapy. The Health Protection/Health Promotion model in its original model was designed for acute illness and did not reflect the needs of clients experiencing chronic illnesses. The reformulated model has been altered to better reflect the needs of all clients, as well as adding positive psychology to the theoretical foundation of the model.

#### **LEARNING OBJECTIVES:**

By the end of the session, participants will be able to:

1. Give an example of the relationship of theory to practice within recreational therapy.
2. Identify 100% of the components of the Health Protection/Health Promotion Model.
3. Explain how the Health Protection/Health Promotion Model can be applied with a variety of clients.

#### **Presenter:**

David R. Austin, PhD, FDRT, FALS, Professor Emeritus, Indiana University

## **Introduction to Grants & Funding Proposals – October 21 @ 1:00 PM**

Often Therapeutic Recreation professionals must seek out the assistance of grants to fund programs and services but may not have training or experience on how to create strong grant applications and/or funding proposals. In this session, we will discuss the fundamentals of applying for grants with a focus on identifying what information funders are looking for in a successful application. Participants will learn practical tips that will lead to stronger funding applications and will also be presented with best practices on how to find granters.

### **LEARNING OBJECTIVES:**

By the end of the session, participants will be able to:

1. Identify the four common types of grants, and what motivates funders to support their grant applications in each of the four areas.
2. Provide examples of the two key components of most grant applications and demonstrate what information TR's should include in each section.
3. Learn five strategies for finding funding opportunities.

### **Presenters:**

Roxanne Tackie, Co-Founder, Story Point Consulting

Rochelle Greaves, Co-Founder, Story Point Consulting

## **Social Skill Engagement through Virtual Programming for Youth with Diverse Abilities in Paediatric Care – November 23 @ 11:00 AM**

The “Youth Social Club” program was designed to support youth (12-18) living with diverse abilities with the opportunity to explore leisure interests, facilitate meaningful conversations with peers and illustrate effective decision-making skills when planning weekly sessions. During the webinar co-hosts Ashley Hilliard and Jaymieson O’Neill will address the uniqueness of offering a virtual program for clients in Niagara and Ottawa, as well as provide an explanation for the successes and challenges of running a virtual program for youth with diverse abilities.

### **LEARNING OBJECTIVES:**

By the end of the session, participants will be able to:

1. State 2 successes and 2 challenges related to facilitating a virtual program with youth living with diverse abilities.
2. Identify at least 3 tools or resources to use when developing their own virtual program for clients.
3. Identify 3 benefits to collaborating with a Recreation Therapist and participants through a virtual platform.

### **Presenters:**

Ashley Hilliard, Recreation Therapist, CHEO

Jaymieson O’Neill, Recreation Therapist, Niagara Children’s Centre

# **The Impact of Varying Job Titles in Recreation Therapy: A Canadian Study – January 17, 2022 @ 12:00 PM**

Despite attempts by associations and educational institutions to move the profession forward, inconsistencies between job titles across Canada is evident. Mary Dwulit and Dr. Tristan Hopper will share findings from their recent national study and discuss the impacts of varying job titles on the profession. Recommendations will be made based on the findings from data collected in late 2019 and an opportunity for lively discussion with attendees is encouraged!

## **LEARNING OBJECTIVES:**

By the end of the session, participants will be able to:

1. List 3 historical contributing factors that lead to varying titles in recreation therapy.
2. Name 5 ways that varying job titles is impacting the profession in Canada now.
3. Name 3 solutions to varying job titles in Canada.

## **Presenters:**

Mary Dwulit, Recreation Therapist, Mental Health Substance Use Rehab Recovery Team in Burnaby BC with Fraser Health

Dr. Tristan Hopper, Assistant Professor, University of Regina

## **TR Advocacy & You: Time to Raise our Voices & Be Heard – February 23, 2022 @ 12:00 PM**

Healthcare is a provincial responsibility. With a provincial election coming up in June 2022, we have an opportunity to insert Therapeutic Recreation into the conversation. TRO is developing strategies to raise the voice of Therapeutic Recreation at both the provincial and community levels. This webinar will inspire members of TRO who are working in a variety of settings to become engaged and advocate for the Therapeutic Recreation profession within their local community. We will provide resource templates that include messaging relevant to various areas of practice.

### **LEARNING OBJECTIVES:**

By the end of the session, participants will be able to:

1. Articulate 3 strategies that TRO has undertaken to advocate for the profession of Therapeutic Recreation.
2. Clearly define 2 reasons why they need to advocate for their profession in addition to the efforts of their professional association.
3. Demonstrate knowledge of 3 resources that they can use to advocate for their profession in their local community.

### **Presenters:**

Katherine Plested, R/TRO, Therapeutic Recreation Specialist and Past- President, Therapeutic Recreation Ontario, Mount Hope Long-Term Care

Rozalyn Werner-Arcé, CAE, Executive Director, Therapeutic Recreation Ontario