

2017-18 TRO Webinar Series

“IT TAKES THE LONELINESS AWAY!”: AN INNOVATIVE PROGRAM FOR SOCIAL ISOLATION

November 22

12:30 pm - 1:30 pm

Presenters:

Kristine Theurer, Founder, Java Group Programs, Inc.

Jenny Brown, Director of Recreation, Village of Aspen

Program Description:

“Inside every lonely adult is a kid eating lunch by herself on a bench.” Studies indicate one out of two residents within residential care report feeling lonely, despite our best efforts and calendars filled with activities. We present an innovative peer mentoring program called Java Mentorship, in which residents, volunteers and family (mentors) form a supportive team, receive education and visit residents (visitees) that are lonely or socially isolated. The webinar will include our research study results, a program demonstration and a takeaway strategy on how to engage residents and volunteers in helping reduce social isolation within your home.

Objectives:

1. Participants will be able to describe 3 mental health challenges facing senior living and how peer mentorship can help advance current psychosocial care practices.
2. Participants will evaluate the research results surrounding the implementation of a mentorship program in 10 continuing care communities and describe its feasibility and effectiveness.
3. Participants will experience a mentorship program and review 7 take home strategies to incorporate peer support as part of their program planning. older adult programs.

PCCs:

- 1 professional contribution point
- Purchase a PCC Transcript in advance
- Follow the login and post-test instructions

CTRS Renewal

- Follow the login and post-test instructions
- Contact Amanda at: communications@tronto.org for your documentation that may be submitted for CTRS renewal.

Register:

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