CARE AND OUTCOMES OF STROKE SURVIVORS admitted to complex continuing care and long-term care in Ontario in 2015

About 1 in 5 stroke survivors are admitted to complex continuing care (CCC) or long-term care (LTC) after an acute stroke. Most don't return to the community. Access to more intensive rehabilitation might improve that outcome and optimize quality of life.

Characteristics of these stroke survivors

- Were over age 85: CCC 23.8%, LTC 40.8%
- Were at risk for depression: CCC 18.3%, LTC 23.8%
- Had severe cognitive impairment: CCC 28.6%, LTC 20.3%
- Required extensive assistance with daily activities: CCC 49.1%, LTC 41.3%
- Had experienced a fall: CCC 27.8%, LTC 25.5%
- Had limited ability to communicate: CCC 58.9%, LTC 55.7%

Their access to rehabilitation

- Minimal amount of core therapy for those who received any, in minutes/day: 
  - Physical: CCC 20, LTC 6
  - Occupational: CCC 17, LTC 4
  - Speech: CCC 11, LTC 6

- Proportion who received 1 or more of the 3 core therapies:
  - 1 therapy: CCC 93.9%, LTC 64.6%
  - 2 therapies: CCC 82.4%, LTC 3.3%
  - 3 therapies: CCC 38.0%, LTC 0%

Their quality of life

- Most rated their physical and mental health as poor: CCC 0.32, LTC 0.37

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