

Ideas for Mother's Day Activities during COVID-19

- Mother Day Cards- have staff write cards to each "Mother"/ Female resident in the home and/or contacting family to write card for female resident/mother or having family e-mail a letter to the LTCH for resident(s). (Can print out for resident to have in hands to read).
 - Can see if family can write a personal letter with a picture of family- past or present.
 - Have family take present photo with sign stating "We miss you" or a nice note! Have e-mailed to Recreation department and print off for resident to enjoy/hang up in their room!



- Zoom Call gathering- Having resident enjoy company with all her children, grandchildren etc. on a group call of some sort. (Recreation team would have to send out invitation to families at certain times)
- Tea Party- inviting residents to a tea party – physical distancing. In doorway or in certain area. Have coffee, tea, dessert etc. with residents. Can also have a mobile tea party visiting resident(s) room to room. (Can have sun hats for residents to wear – adding décor to them)
- Flower/Rose- adding a flower for each resident to have in their room. Can add this during any type of Mother's Day program. Or having flower corsages and visiting resident
- Hallway entertainment- Have staff sing karaoke with residents in the halls/open area!
- Spa Day- create a relaxing "spa day" for residents- enjoy being pampered with hair, makeup, nail polish, hand massages. – Can add a "mimosas" sparkling cider and orange juice, juice, tea or coffee. Add cucumbers to the eyes for total relaxation!

Short Mother's Day poems – can use for residents, ideas for team to write out for residents etc.

<https://www.homemade-gifts-made-easy.com/short-mothers-day-poems.html>