

TR TALK TUESDAY – Children & Paediatrics

Key Takeaways and Resources

Thank you to everyone who joined us for our TR Talk Tuesday – Children & Paediatrics video conference!

This document includes the key takeaways and all the great resources and ideas that were shared by our TR attendees.



TR Talk Tuesday – Apr 14, 2020

11:30 am: Children & Paediatrics

1 pm: Community-based TR & Dementia

Meeting login info at www.trontario.org

Link to video recording

<https://transcripts.gotomeeting.com/#/s/fe317bc126abb0227fdce94aaa9aa6286e6598d34c9c0b99bbf01529086b4d89>

You might also want to check out resources from our previous sessions:

[TR Talk Tuesday Long Term Care – Tips and Resources](#)

[TR Talk Tuesday Mental Health – Tips and Resources](#)

More information about future TR Talk Tuesday sessions [here!](#)

#Weareallinthisogether #TRforAll #TRTalkTuesdayChild&Paeds

KEY TAKEAWAYS

- TRs are being impacted in different ways depending on the protocols in place at their work, whether it be daily changing rules, re-deployment, or virtual programming
- We are all having to be flexible and find new ways to help clients – we are all in this together!

Virtual Platforms

- Zoom and “healthcare level” Zoom
 - Successful platform that allows clients to connect with TRs, friends, and have something to look forward to
 - Great way for non-verbal clients to still convey their points (i.e. show and tell)
 - Several participants are using “healthcare level” Zoom which is a paid version of the app that is more secure
 - Some TRs don’t have permission to use Zoom as a platform so check with your workplace
- Other platforms such as Blue Jeans, Microsoft Stream, Ontario Telemedicine Network and OnCall were mentioned and can be found in the resources section below

Connecting with Families

- Approaching families during this time is especially tricky. Questions around what information to share, how much to share, and when to share were discussed
 - Recommend weekly or bi-weekly check-ins with families
 - Make sure to tailor advice to the needs of specific families
 - Families are feeling pressure at this time so we must make sure not to overwhelm them with information
 - Best to let families know that you’re available and respond if they reach out to you
- Families are looking for ideas on how to keep their children active as well as tips for online learning and educational tools
- Must remind families to abide by social distancing rules when recommending any outside activities

TR Self-Care

- Go at your own pace, take naps if you need to
- Take a step back and use this time to review your programming and the bigger picture
- Get active and enjoy the activities you love (i.e. yoga, dog walking, etc.)

RESOURCES

[Resources to share with families](#)

[Family Activity Resources](#)

[Virtual Playing Cards](#)

[TRO's page of COVID-19 resources](#)

Video conferencing apps

- [Blue Jeans](#)
- [Microsoft Stream](#)
- [Ontario Telemedicine Network \(OTN\)](#)
- [On Call](#)
- [Zoom](#)

Join TRO's Children & Paediatrics Community of Practice

Send an email to childpaed.cop@trontario.org