

TR TALK TUESDAY – Private Practice Key Takeaways and Resources

Thank you to everyone who joined us for our TR Talk Tuesday – Private Practice video conference!

This document includes the key takeaways and all the great resources and ideas that were shared by our TR attendees.



TR Talk Tuesday – May 5, 2020

11:30 am: Long Term Care

1 pm: Private Practice

Meeting login info at www.trontario.org

Link to video recording

<https://transcripts.gotomeeting.com/#/s/94538cd77a6177272a10bbe6b3c49b27e39c6c2a1579648843d74f35402615e2>

You might also want to check out resources from our past sessions:

[TR Talk Tuesday Long Term Care \(March 31\) – Tips and Resources](#)

[TR Talk Tuesday Mental Health – Tips and Resources](#)

[TR Talk Tuesday Children & Paediatrics – Tips and Resources](#)

[TR Tuesday Community-based TR & Dementia Care – Tips and Resources](#)

[TR Talk Tuesday LTC \(Apr 21\) – Tips and Resources](#)

[TR Talk Tuesday Palliative Care – Tips and Resources](#)

More information about future TR Talk Tuesday sessions [here!](#)

#Weareallinthistogether #TRforAll #TRTalkTuesdayPrivatePractice

KEY TAKEAWAYS

- Business has changed to include different roles and tasks

Personal protective equipment (PPE)

- Can be challenging to find gloves and gowns for purchase
- Some TRs are making their own masks
- Use will depend on the client you're working with (i.e. some clients may find it challenging to not be able to read your lips or expression through a mask)

Billing

- Some TRs aren't billing their clients at this time
- Some TRs are billing for virtual 1 to 1 sessions but not for group activities
- Great time to focus on marketing your content that will encourage more clients in the future

TR self-care

- Looking towards the future and taking COVID-19 as an opportunity to take a step back and evaluate your business
- Learning (reading, self-help books, new skills)
- Walks, FaceTime calls, connecting with friends and family

Virtual programming tips

- Require everyone to have their cameras on so you can "see" each other
- Set assignments for clients to accomplish
- Conduct both group sessions and use breakout rooms
- Set aside time for social chatting
- Conduct an "open house" before the call to get everyone comfortable with the new program and setting (connect with parents as well)
- Ensure environment is free from distractions, take breaks to keep focused
- Use the chat box feature for more shy participants

Pleasant surprises

- More comfortable using technology and implementing it in the future
- Opportunity for learning and doing things you wouldn't otherwise have time for
- Time to consider your goals and get inspired
- Connecting with other TRs to share passions and connect

RESOURCES

[TRO's COVID-19 resources](#)