

TRO Journal

TRO Research Hub: TR-Related Literature

TRO Members have full access to all manuscripts published in the TRO Research Annual and Therapeutic Recreation: Practice & Research journals. To download an electronic copy of the journals listed below click [here](#).

TRO Research Annual, Volume 1, 2003

- A study linking cocaine clients to ADD characteristics as a basis to study brain gym® and cocaine recovery
- Adapting to a physically active leisure lifestyle: Experiences of adults with a spinal cord injury
- Creating more “open environments” with community access recreation programmes in long-term care facilities
- Debriefing: The key to making TR programs meaningful
- Effects of massage therapy on agitation in cognitively impaired elders in an acute care unit
- Positive actions and attitudes research: A pilot program for the depressed elderly
- Providing meaningful recreation and leisure experiences for individuals with an acquired brain injury

TRO Research Annual, Volume 2, 2004

- An analysis of boredom for persons with a spinal cord injury post-discharge
- Collaborative programming: Art therapy and recreation therapy
- Diversity among older adult Canadians – Thinking about now and the future
- Implementing drum circles in the nursing home: The facilitator’s perspective
- Music therapy and recreation therapy program success: A co-led group music stimulation program for persons living with late-stage dementia
- Television watching and people with spinal cord injuries
- The quest program: Youthdale treatment and adventure therapy

TRO Research Annual, Volume 3, 2005

- Adventure therapy for adolescents with eating disorders: What is it and why does it work?
- Caregiving in the dementia context and the changing experience of leisure: A male perspective
- Issues of multiculturalism in therapeutic recreation practice
- Understanding the gap: Meaningful leisure choices in the recovery from addiction
- What can we learn about caring for palliative patients? The power of therapeutic recreation

TRO Research Annual, Volume 4, 2006

- Explaining the mosaic of certification framework to Ontario therapeutic recreation professionals
- Job responsibilities of therapeutic recreation practitioners across settings in Ontario
- Self-reflective practice in therapeutic recreation1: Celebrating the authenticity and humanism of our practice
- The impact of hemodialysis treatments on leisure participation

TRO Research Annual, Volume 5, 2007

- Gaps between therapeutic recreation research and practice: Moving therapeutic recreation research forward by focusing on abilities
- Leisure education and paediatric weight management
- Leisure education sources of at-risk youth: Considerations for therapeutic recreation specialists
- The application of a focus group research method in discovering how the Therapeutic Recreation Ontario Standards of Practice are and can be used by the TRO membership

TRO Research Annual, Volume 6, 2008

- A program logic model of Leisure Connections: Recreation therapy in the context of trauma
- Awareness of therapeutic recreation: The impact on employment
- Effects of exercise as a therapeutic intervention on falls: Implications for therapeutic recreation practitioners
- Enhancement of patient focused care through the incorporation of quality indicators in long term care
- The collaboration of recreation therapy and discharge planning in acute care
- The therapeutic recreation (TR) community transition model
- To be or not to be: The potential for drama therapy in Ontario therapeutic recreation settings
- Understanding space, place and leisure of women over 85 living in the community

TRO Research Annual, Volume 7, 2009

- A qualitative study exploring art as a therapeutic medium
- Evaluating the effects of snoezelen on individuals with dementia
- Our journey through team development
- Photovoice and therapeutic recreation: Exploring the possibilities
- Using narrative in recovery: Fostering empowerment for individuals living with mental illness

TRO Research Annual, Volume 8, 2011

- Enhancing recreation therapy practice through participatory action research
- Exploring discrimination and difference in a narrative policy analysis of the Accessibility for Ontarians with Disabilities Act
- Perspectives on our profession: A nearly 50 year journey
- See my voice: Youth share their message through the medium of black light theatre
- Social programs for survivors of TBI and stroke: Evaluation of a community-based social-recreation program
- Surviving and thriving in a world of pain: A non-pharmacological approach to pain management

Therapeutic Recreation: Practice & Research, Volume 9, 2014

- Experience-based recreation therapy practice: Documentation, evaluation and program re-design in the Sunnybrook practice model for recreation therapy
- iPods® for memories program
- The R/TRO designation
- The Special Olympics: Advantages and disadvantages of participation
- Therapeutic recreation practitioners' insights into the efficacy of physical activity for clients with mental illness across a continuum of care

Therapeutic Recreation: Practice & Research, Volume 10, 2015

- An interactive team approach to fitness in long-term care
- Bringing home to long-term care: The impact of one's environment in building a sense of community and promoting wellbeing
- Curling without ice: A case study of men's leisure
- Family member's perception of well-being during transition to long term care
- Flow theory and therapeutic recreation: A description of certified therapeutic recreation specialists' use of flow theory in TR service delivery
- Multisensory environments as an interprofessional resource
- 'Our time' program: Aging at home
- Practitioner reflections on Sunnybrook recreation therapy relational case review
- Sit and fit: seated exercise program for mental health populations
- Subjective mental health and leisure time engagement: A scoping study

Therapeutic Recreation: Practice & Research, Volume 11, 2016

- Connecting generations: Sienna senior living's cyber-senior program
- Cool running: An interdisciplinary approach to mental health and wellness programming in the forensic setting
- Developing a frame of reference to "Take us to the next level!": Illuminating barriers expressed by TR practitioners to support agendas for research and writing

- Effectiveness of the Xbox Kinect™ system to develop balance and range of motion in stroke patients
- Honouring personhood in LTC: Lessons from family
- Integrating relationship-based care into a seniors adult day program
- The meaning of music in sustaining relationships for individuals with dementia and their families: A case study in long-term care

Therapeutic Recreation: Practice & Research, Volume 12, 2017

- Community recreation as therapeutic: The 4-H horse club resilience research project
- Mosaic of memories: An innovative therapeutic recreation program
- Reclaiming identity through leisure for emerging adults with mental health difficulties
- The art and science of empathy: The initiation of dialectical conversation
- The role of therapeutic recreation in a residential immersive life skills program for young adults with disabilities

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