

TRO Scope of Practice

February 2022

Therapeutic Recreation: Don't just survive. Thrive!

Background:

After a lengthy research process, the Registration Committee agreed that TRO's Scope of Practice should be based on the Regulated Health Professional Act's (RHPA) framework:

- What profession does (what)
- Methods it uses (how)
- Purpose for what it does (why)

A draft scope of practice was accepted by the board of directors at the March 7, 2016 meeting. It was then circulated to the membership in the April e-TRO at which time members were invited to provide feedback. The final Scope of Practice statement below was emailed to the members on May 3, 2016, presented to and accepted by the TRO membership at the June 1, 2016 Annual General Meeting.

TRO Scope of Practice

Therapeutic Recreation is a collaborative and purposeful process facilitated by trained professionals offering recreation and leisure assessment, planning, intervention and evaluation to achieve individual goals. The profession uses meaningful recreation and leisure education, counselling and experiences to promote, restore, rehabilitate, and/or maintain quality of life and well-being. Therapeutic Recreation supports the development of strengths while addressing social, emotional, physical, spiritual and cognitive needs.