

2026-2027 TRO BOARD NOMINEES



STEPHEN CORRADINO

Location: Woodbridge

Area(s) of Practice: Hospital

Why do you want to become a Board Member of TRO?

I want to join the TRO Board of Directors because I believe in the strength of a unified profession. At this point in time, TRO has a real opportunity to bring members together and guide the profession through an important period of growth and change. I'm drawn to leadership that empowers and mobilizes others, and I see this as a chance to support members as we navigate what comes next. Change, to me, is exciting; it represents progress, innovation, and the chance to strengthen who we are as Recreation Therapists. As the profession continues to evolve, I want to contribute to shaping that next chapter in a way that is inclusive, forward-thinking, and grounded in a shared vision for high-quality practice.

I was recently part of the TRO Advocacy Committee and Humber River Hospital's Patient and Family Advisory Committee for the Inpatient Mental Health unit.





ALICIA KUHR

Location: Hamilton

Area(s) of Practice: Hospital & Educator

Why do you want to become a Board Member of TRO?

From early in my education, I have consistently prioritized advocacy, professional standards, and the use of research to support strengths-based and person-centred TR services. As a TR at St. Joseph's Healthcare Hamilton, an educator, and a researcher, I have developed a strong understanding of how leadership and evidence-based practice influences the profession.

Having both my R/TRO and CTRS designations, in addition to being a CTRA member, has inspired my passion of working towards developing clear standards and engaging in advocacy efforts to strengthen both the profession and public understanding of TR. I am passionate about strengthening how TR is positioned, particularly through the use of appropriate language, adherence to standards of practice, and alignment between job titles and required qualifications.

Serving on the Board would allow me to contribute to shaping priorities that support title protection, entry-to-practice discussions, and future considerations around regulation, recognizing that meaningful progress in these areas requires sustained, collaborative effort. I am also motivated by the opportunity to work collectively with professionals across Ontario to better understand regional needs and challenges, and to strengthen provincial cohesion within the field.

My experiences working, teaching, and presenting across different settings, including in Northern Ontario, have reinforced the importance of uniting Recreation Therapists to increase visibility and impact. Serving on the Board represents a meaningful way to give back to the profession that has shaped my career, while continuing my own professional growth through collaboration, learning, and leadership. I view this role as an extension of my ongoing involvement with TRO and my broader commitment to advancing TR practice in Ontario.

I am the current co-chair of the Mental Health Community of Practice and a member of the Advocacy Committee. In 2024, I was a member of the TRO Conference Committee. I have also been on the St. Joe's: TR Month Committee for the past 2 years





MARY AFABLE

Location: Waterloo Region

Area(s) of Practice: Mental Health

Why do you want to continue as a Board Member of TRO?

I would like to contribute to the greater conversation and leadership regarding the growth of our profession in this province. I'm very passionate about how TR practice can continue to improve and be engaged with a strong lens and practice in our DEI considerations, as well as how we can better promote this profession from academia to the greater healthcare industry at large.

I hope that my 20 years of experience in this field can lend a hand to further advocate and communicate effective change and positive growth to this very important and unique approach to our overall well-being.

My recent volunteer positions have included:

R/TRO review committee (2020)

DEIB committee member (2022-2024)

TRO conference committee - 2010 & 2016





OLIVIA BARRON

Location: Niagara Region

Area(s) of Practice: Hospital

Why do you want to continue as a Board Member of TRO?

Having served on the PRC committee for the past three years, I have developed a deep appreciation for the important work being done within our profession. This experience has not only strengthened my knowledge and skills but has also ignited a passion for contributing at a higher level. I am now eager to take that next step by joining the Board of Directors, where I can play a more active role in supporting TRO and helping drive the continued success and growth of our profession.

I am currently a Program Coordinator at the Wellspring Niagara Cancer Center with previous experience working in long-term care.

I have maintained a position with the PRC subcommittee since 2023. I also joined the Program Committee at my workplace.

Some of my other volunteer experiences have included coaching with the West Niagara Minor Hockey Association and the Beamsville Minor Baseball Association.





TAYLOR HARTOP

Location: Toronto

Area(s) of Practice: LTC and Aging

Being a part of the TRO Board of Directors would allow me to give back to the field of Therapeutic Recreation by supporting fellow TRO members and by contributing to TRO's growth.

I am currently working as a Recreation Team Member at a Long-Term Care home. While working in LTC, I am mentoring high school and Therapeutic Recreation post-secondary students. I enjoy mentoring in a hands-on environment where I am able to help students develop their skills, achieve their goals, and realize the positive impacts they can make directly through Therapeutic Recreation.

I am one of the lead trainers of AgeCare's IMAGINE program. An education session focused on training Healthcare providers employed by AgeCare on how to facilitate holistic, engaging, meaningful, and person-centred activities for residents. This program is exciting to me because person-centred care is exactly what makes Therapeutic Recreation stand out from other disciplines.

I have also served on a workplace's health and safety committee as secretary, writing and publishing meeting minutes and contributing to the group's discussions.





LAUREN WAITE

RE-ELECTION

Location: London

Area(s) of Practice: LTC and Aging

Hi! My name is Lauren Waite, and I am a Therapeutic Recreation Specialist with experience primarily with the aging population in the Long Term Care sector, as well as the Adult Day Program setting.

I have always looked to TRO as a source of professional development and TR advocacy, tuning into the AGM each year, participating in the online webinars, and attending and presenting at conferences.

I have an interest in staying on for another term with the Board of Directors at large, not only to keep myself up to date with TRO initiatives, but also to play a part in the innovation of the organization, supporting the profession as it continues to shine! I bring with me experience and knowledge in R/TRO processes, program planning, and a willingness to learn, share, and grow!

